



#### Wellness for Warriors E/CR

Helping Heroes by addressing four pillars of wellness: Physical, Mental, Emotional, and Spiritual. *You are not alone!* 417-269-4270 wellnessforwarriors@coxhealth.com

American Red Cross B/CR/F

### Hero Care App

Connect to important resources that can help you through emergency and non-emergency situations.

#### Military and Veteran Caregiver Network (MVCN)

Peer-based support and services to connect those providing care to service members and veterans living with wounds, illnesses, injuries and/or aging.

#### **Resiliency Workshops**

Free and confidential for military members and their family, military retirees and veterans. Jason.Ramlow@redcross.org, 816-5360108

#### Workshops include:

- Effective Communication
- Stress Solution
- Connecting with Kids
- Caregivers
- Family Laugh and Learn
- Calm and Connected
- Virtual Chat for Teens.

#### **Services for Military & Veteran Families**

Explore Red Cross services including emergency communication, financial assistance, deployment services, and more.

#### **Caregivers on the Homefront**

Serves those families who are caring for the warriors of all military eras and first responders who have been inflicted with the invisible and/or physical wounds of the wars abroad or at home.

#### **Catholic Charities of Southern Missouri H/T/\$**

Supportive Services for Veteran Families Gary Combs, SSVF Program Manager 1515 S. Glenstone Ave. Springfield, MO 65804 417-889-7474, gcombs@ccsomo.org

#### CoxHealth Senior Advantage: CR/T/E

CoxHealth Senior Advantage offers classes, information and assistance just for those 50 and older.

#### Elizabeth Dole Foundation CR

Provides support to military spouses, parents, family

members and friends who care for America's wounded, ill or injured veterans.

Justina Crawford, EDF Fellow (Springfield) 432-643-7299 Jcrawford.dolefellow@gmail.com

#### GAP Solutions, Inc. H/B/T/CR/\$/E/F/HC

Provides assistance with obtaining benefits and entitlements for past or current Reserve, Guard, or 1st term military members transitioning to IRR.

Johnny Kline, Reserve Component Transition Assistant Advisor (RCTAA) - MO (c) 252-665-4423, (o) 202- 987-3938, **jkline@gapsi.com** 

#### Missouri Benefits and Resource Guide for Veterans and Military

This booklet is designed to bring together all benefits available by the State of Missouri, as well as briefly cover related services provided by the U.S. Department of Veterans Affairs.

# Missouri Department of Higher Education & Workforce Development CR

Jessica N. Goacher, Workforce Development Specialist 2900 E. Sunshine Street, Springfield, MO 65804 (417) 841-3399, **Jessica.Goacher@dhewd.mo.gov** 

#### **Missouri VA Clinics B/CR/H/HC**

## Branson - Veterans Health Care System of the Ozarks

5571 North Gretna Road Branson, MO 65616-7287 417-243-2300 or **800-691-8387** 

#### Springfield

1850 W. Republic Street Springfield, MO 65807 Robert "Buck" Hill, VFW/Veteran Service Officer RM 1B106, 417-891-4898 **Robert.Hill10@va.gov** 

#### **Advanced Medical Support Assistant**

Kevin Miller, 417-891-4800 Ext. 64891

#### **Suicide Prevention Coordinator**

JoAnn Morrison, LCSW Springfield/Joplin/Branson, MO and Jay, OK 417-891-4800 Ext. 64741 joann.morrison4@va.gov

#### **Homeless Vets**

Michelle Reinmiller, 417-891-4800 ext. 64963



### Veteran RESOURCES

#### SeniorAge Area Agency on Aging CR/T/E

SeniorAge plays a key role in planning, developing, coordinating, and delivering a wide range of service and support that enables seniors to remain independent and at home.

#### Springfield Vet Center B/CR/E

Rob Freeman 3616 South Campbell Avenue Springfield, MO 65807 417-881-4197

#### **Ozarks Veterans Coalition CR**

1925 E. Bennett Springfield, MO 65807, 417-693-6298 President, Charles Hopkins, **charhoppy59@gmail.com** Vice President, Bill Beeman, **bbeeman7@gmail.com** 

#### U.S. Department of Veterans Affairs (VA.gov)

Apply for and manage the VA benefits and services you've earned as a Veteran, Service member, or family member.

#### VA Aid and Attendance (A&A) Benefit Eligibility

General guidelines to help you decide whether to apply for Aid and Attendance.

#### Veteran Service Officers

Veteran Service Officers will help you write and submit your benefits claims to the VA. Their services are free. They will help you gather the information that supports your claim. Once the claim is filed they will help you track the claim through the system. They can also help you file appeals for denied claims.

#### Veterans and Military Coalition of the Ozarks H/E/CR

1440 State Hwy 248, Suite Q-243 Branson, Mo 65616 417-527-3445, info@vmco1.org

#### Veterans of Foreign Wars (VFW) CR

VFW Post 3691 901 Jefferson St, Lamar, MO 64759 (417) 310-5333

VFW Post 4207 5400 US-60, Monett, MO 65708 (417) 235-8394

#### Veterans Upward Bound

Meleah Witt, Outreach Coordinator 1001 East Chestnut Expressway Springfield, MO 65802 417-447-7840, wittm@otc.edu

- **H** Housing
- **B** Behavioral Health and Counseling

**T** – Transportation

- **CR** Community Resource and/or Support
- **\$** Financial Planning and Assistance
- E Education
- F Food Assistance
- HC Healthcare