

Wellness for Warriors

Our mission is to engage with all active military, veterans, first responders and their families. We provide services and resources that promote physical and mental wellness.

Website: <https://www.coxhealthfoundation.com/to-receive/wellness-for-warriors/>

Facebook: <https://www.facebook.com/WellnessforWarriors/>

Email: wellnessforwarriors@coxhealth.com

Phone: 417-269-3282 General Information

Bryan Mason, Wellness for Warriors First Responder Chaplain

Email: bpmason3@hotmail.com

Phone: 417-988-9619 voice/text

Alison Fienning Coaching

A change leader driven to change the first responder mental health stigma. Alison provides first responder coaching, fire department advising via in person and online.

Facebook: <https://www.facebook.com/groups/holdthelineforfirstresponders/>

Facebook: <https://www.facebook.com/alisonfianningcoaching/>

Counseling On The Fly LLC, Cortney Costello MA, LPC, NCC

Counseling On The Fly is focused on providing therapy to women in adolescence, college-age, and adulthood to successfully decrease stresses of life, authentically live your true self, and gain perspective and growth.

Address: 334 E Commercial Suite 208, Springfield, MO 65803

Email: www.counselingonthefly.com

Phone: 417-689-0661

Emergency Chaplains, Peer Support

Website: <https://emergencychaplain.org/peer-support/>

Email: peersupport@emchap.org

Phone: 281-651-2661 (Mon-Fri 0900-1600hrs Central Time Zone)

International Association of Fire Fighters (IAFF) Peer Support

Website: <http://www.iaff152.com/>

Facebook: <https://www.facebook.com/IAFF152/>

Phone: Scott Guccione, 417-576-8105

Katie Knouse, Community Crisis Worker

Address: 3401 Berrywood Drive, Columbia, MO 65201

Email: Katie.Knouse@burrellcenter.com

Phone: (660) 631-3809

Website: www.burrellcenter.com

Moral Injury Institute, Tommy Goode, DMin, Director

Providing resources and creating a web of care for veterans and others who struggle with the effects of trauma-related moral injury and their families. Programs/services include: SWMO Veterans Care Network, Moral Injury Roundtable, Clergy Focus Group on Moral Injury, and MII Blog.

Website: <https://www.moralinjuryinstitute.org/>

Facebook: <https://www.facebook.com/moralinjuryinstitute>

Address: PO Box 2602, Springfield MO 65801

Email: tommy@moralinjuryinstitute.org

Phone: 417-860-3471 voice/text